



Further Information

For more detailed information refer to OS Landranger maps 200 and 204 or The Cornish Way map issued by Sustrans. Other guides are available from the local Tourist Information Centres.

Tourist Information Centres

- **Truro**, Municipal Buildings, Boscawen Street
Tel: 01872 274555
- **St Austell**, Southbourne Road,
Tel: 01726 76333
- **Bodmin**, Shire House, Mount Folly,
Tel: 01208 76616

Contacts

Cornwall County Council
Tel: 01872 222000 or www.cornwall.gov.uk
www.cyclecornwall.com
www.nationalcyclenetwork.org.uk



The Coast & Clay Trail

This is the most challenging of the six trails, although there are easy sections to the north and south of St Austell, including the popular off road Pentewan Trail. However, your efforts will be rewarded! The route provides a contrast of landscapes: rolling farmland; wooded creeks; sheltered coves; colourful fishing villages; historic towns; and views of the unique lunar landscape of the china clay industry. Take your time, spend a few days on the trail and visit some of the fantastic attractions en-route. It's worth the effort!

Accessible from the Coast & Clay Trail are the Clay Trails north of St Austell (see separate map in this series).

How to get there

Rail - St Austell and Bodmin Parkway are situated on the main line.

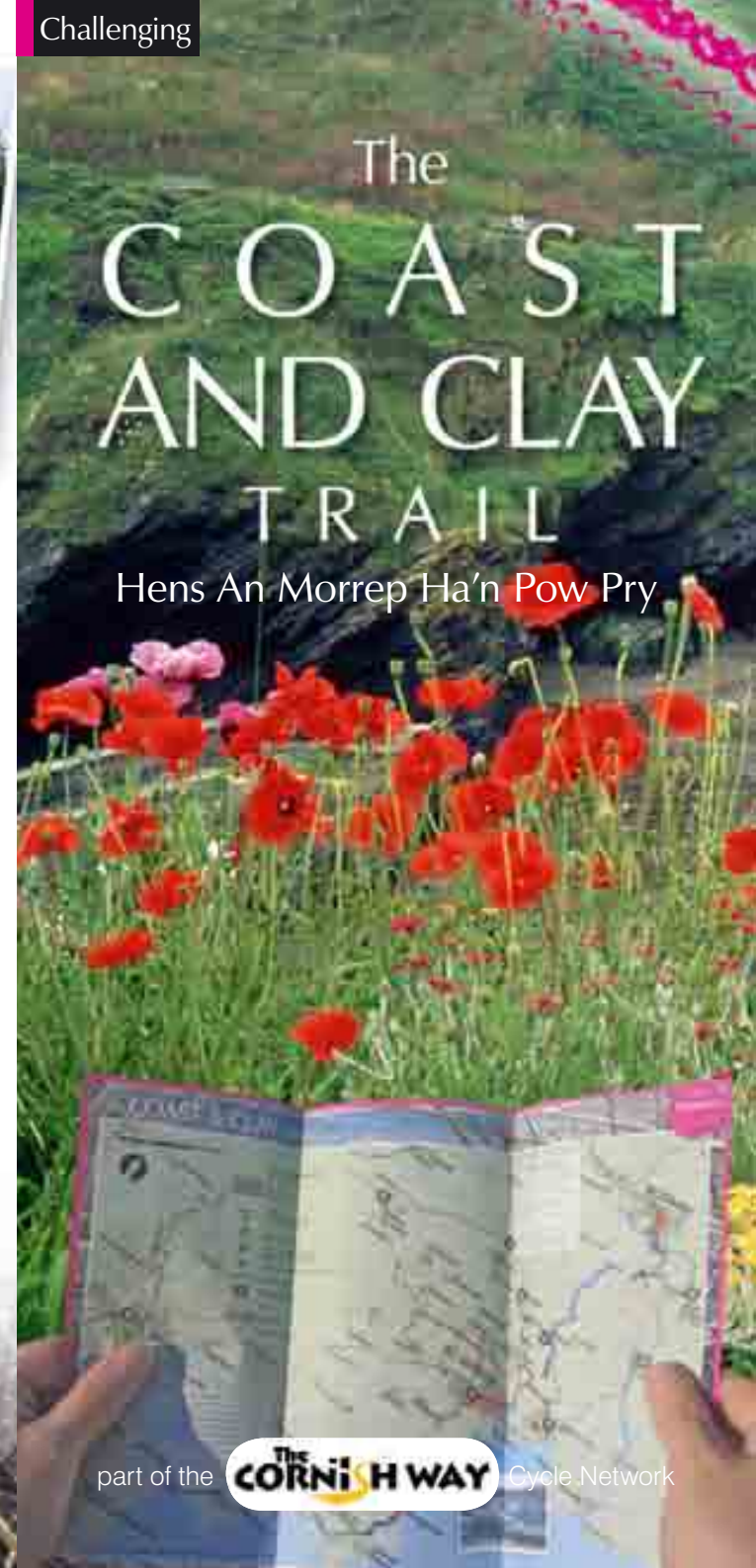
Coach - National Express
Public Transport - www.traveline.org.uk
Tel: 0870 608 2 608

Car - These routes make use of existing car parking facilities.

St Anthony lighthouse

The COAST AND CLAY TRAIL

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The COAST & CLAY TRAIL



Lanhydrock House. Owned by the National Trust, Lanhydrock is one of Cornwall's grandest houses. Set in a beautiful landscape of gardens, parkland and woods, the house overlooks the valley of the River Fowey. It is easily reached from Bodmin Parkway Station or the town of Bodmin.

The Fal Estuary. The deep, cold waters and the twice daily ebb and flow of the river provides a rich marine habitat and is an ideal feeding ground for shore birds. The sheltered micro-climates of the creeks also support the luxuriant growth of more tender plants.



71.5
Kilometres
45
miles